

Redefined Coaching presents

Collective Hope Night

Collective Hope is a movement that aims to break the silence around eating disorders and body image by fostering hope and connection through lived experiences. For those struggling, those in recovery, and those walking alongside someone who is. Also for healthcare professionals and anyone wanting to learn, listen, and be part of a more open, understanding conversation around body image and eating disorders.

These events include

- Lived experience stories
- Panel + Q&A with Health Professionals
- Creative Arts
- Breakout Groups

This is a free, non-commercial event bringing 60-100 people together to show that hope is real and recovery is possible!

Hope makes
the impossible
feel possible

Dates on next page

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Collective Hope Nights

July/August 2026

MON
27 JUL

Hamilton

7PM - 9PM

Activate Church Rotorua North Site

TUE
28 JUL

Tauranga

7PM - 9PM

Equippers Church Tauranga

THU
30 JUL

New Plymouth

7PM - 9PM

Equippers Church New Plymouth

TUE
4 AUG

Wellington

7PM - 9PM

Equippers Church Ngauranga

123 Anywhere St, Any City, NZ 12345

For more details and updates about these events, please visit our website or follow us on social media redefinedcoaching.co

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