

edanz Webinar



What actually is FBT?
Hear from the Experts

Our Speakers:



Professor Dr James Lock, MD, PhD

FACULTY CO-DIRECTOR OF THE TRAINING INSTITUTE
FOR CHILD AND ADOLESCENT EATING DISORDERS



Kellie Lavender

CERTIFIED FAMILY BASED TREATMENT THERAPIST
AND SUPERVISOR

Also on the panel is a parent who will share their own treatment experience

There will be time for questions at the end

Parents, carers, whānau, clinicians – anyone supporting individuals in recovery from an eating disorder will gain knowledge, confidence and empowerment from leading experts in Family Based Treatment

📅 10am, Saturday, 19 November 2022

- **Admission:** Free
Register by emailing info@ed.org.nz

What actually *is* FBT?

Common myths will be dispelled...

You may have heard some damaging and false ideas about FBT. This is an excellent opportunity to hear the truth about FBT first hand from our expert panel and learn how you can support the recovery of your loved one using this treatment.

Professor Dr James Lock, MD, PhD

Faculty co-director of the Training Institute for Child and Adolescent Eating Disorders



Dr James Lock, MD, Ph.D. is Professor of Child Psychiatry and Pediatrics and Associate Chair in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he also serves as Director of the Eating Disorder Program for Children and Adolescents. Dr Lock has published over 300 articles, abstracts, books and book chapters. He has been continuously funded by NIH since 1998. His recent research focuses on integrating treatment research with neuroscience in eating disorders, including examining neurocognitive processes and their functional and neuroanatomical correlates.

He has lectured widely in the US, Canada, Europe, South America, Asia and Australia and New Zealand. He was awarded the Price Family Foundation Award for Research Excellence in 2010 and the Leadership award from the International Academy of Eating Disorders in 2014.



Kellie Lavender

Co-Director and Co-Founder of NZEDC
Faculty Member of the Training Institute for Child and Adolescent Eating Disorders, USA
Certified Family Based Treatment Therapist and Supervisor
Certified Member of the International Association of Applied Neuropsychotherapy (IAAN)

Kellie is co-director of the New Zealand Eating Disorders Clinic, a specialist private eating disorders clinic in Auckland. Kellie has worked in the field of eating disorders for over 20 years with clients of all ages and almost all eating disorder presentations. Over the past twelve years Kellie has specialised further in using FBT with adolescents and young adults, becoming accredited as a certified FBT therapist (2014) and supervisor (2016) and trainer (2020). She is a Faculty member of the Training Institute for Child and Adolescent Treatment of Eating Disorders, USA and is passionate about ensuring that evidence-based treatments are delivered to a high standard.

She provides individual FBT supervision for certification in NZ and internationally as well as regular specialist supervision to teams across New Zealand and Australia for FBT and AFT (Adolescent focussed Therapy).