

Tell us what works: nutrition for eating disorder recovery

Researchers lack the understanding of how nutrition is measured and discussed during eating disorder treatment.

Help us improve how we do this by completing a short ~30 minute interview, online or in person with an eating disorder researcher.



We need:

- People with lived experience of previous eating disorder treatment
- Carers or parents of a child or young person who has experience of eating disorder treatment
- Clinicians who provide eating disorder treatment
- Eating disorder researchers

Scan here to sign up:



You must be:

- 16 years and older
- Available for interview
- Live in Australia or New Zealand

Ethics ID: 2026/HE010222

Contact the lead researcher Lauren Pearson (APD, CEDC-D) for more information:

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